

Work is good but sometimes rest is better – we need both

## Dignity in Work

When the alarm sounds off on Monday morning,  
I wish for a time when I will never have to work.  
When I encounter difficult people at my job,  
I long for the day when I can be as alone as I wish.  
But later, I recall how work has always been part of life.  
Even before the Fall, Adam had to tend the garden.  
After the Fall, Christ himself took a profession  
and supported himself and others through it.  
Lord, help me to see the dignity and purpose  
that work gives to all people.  
And when I do not like my job,  
help me to offer it up as a sacrifice for souls' salvation.  
Remind me always that I am valued, not because of my job,  
But because you chose to create me, and love me still.

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## The Need for Rest

The Bible says that after creating the world,  
on the Seventh Day, God rested.  
Rather than because he was tired,  
God meant to model for us the need to rest and reflect  
after a job well done.  
During his ministry, Christ himself would withdraw  
to a "Lonely Place" resting to refresh his spirit.  
Today, we have more leisure,  
but feel more stressed.  
We have more devices to save labor and time,  
but panic at the thought of 'getting behind.'  
Lord, help me remember when we must rest, reflect,  
and worship on a Sunday, or on a vacation,  
and that rest is as needed as all other things in our lives  
to do a good job for our employer, and for God as well.

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Take time to rest and pray – your body needs it and you  
deserve it – It is already the end of July.

## Updates

*Inter-Parish Loan Fund*  
Payment July 13<sup>th</sup>  
\$18,673.74 Principal  
\$1,326.26 Interest  
Current balance of  
\$242,994.52

*Catholic Charity Fund*  
Parish goal \$31,898.00  
Total raised in 2007  
\$41,712.00  
Which is 130.77% of  
goal! Thank you from  
all those you help with  
your generosity.

**Columban Fathers  
Festival & Bazaar**  
This Sunday, July 29<sup>th</sup>  
12Noon to 6:00PM  
65 Ferry Rd  
Free Parking  
Free Admission  
Fun for all

## **Greeters**

We are still searching  
for people to be greeters.  
If you are interested  
there is a form to fill out  
on the back table of the  
church. If someone does  
greet you, please be  
nice. They want you to  
feel welcome!



Saturday, Jul. 28 <sup>th</sup>	
4:00 PM	Loretta Welch (birthday remembrance) requested by her family
<b>5:45PM</b>	<b>Wedding: Rama J. Gottfried and Celeste Sunderland</b>
Sunday, Jul. 29 <sup>th</sup>	
8:30 AM	Mabel and Jules Travers requested by their family
<b>9:00 AM</b>	<b>Prudence Island:</b> Dr. Leo L. Mann requested by Joe and June Finan
10:00 AM	Joseph Pitoscia requested by Beatrice Griffin and Janice Nichols
11:30 AM	Joseph J. Gallagher requested by the Coleman Family
Monday, Jul. 30 <sup>th</sup>	
8:00 AM	George L. Oliver requested by Edmund and Estelle Oliver
Tuesday, Jul. 31 <sup>st</sup>	
8:00 AM	Helen Horton and the deceased members of the Horton family
Wednesday, Aug. 1 <sup>st</sup>	
8:00 AM	Anthony W. DuPont Sr. (10 <sup>th</sup> anniversary) requested by his family
Thursday, Aug. 2 <sup>nd</sup>	
8:00 AM	Joseph Almeida requested by his wife Evelyn
Friday, Aug. 3 <sup>rd</sup>	
8:00 AM	Elizabeth Alexandre requested by Joseph and Betty Ann Moreira
Saturday, Aug. 4 <sup>th</sup>	
4:00 PM	Sophie Arruda (1 <sup>st</sup> anniversary) requested by her brother Manny
Sunday, Aug. 5 <sup>th</sup>	
8:30 AM	Raymond J. Fournier requested by his family
<b>9:00 AM</b>	<b>Prudence Island:</b> George and Eva Ducharme (birthday remembrance) requested by their daughter Evelyn Arrighie
10:00 AM	Maureen Carpano (13 <sup>th</sup> anniversary) requested by her family
11:30 AM	John Doherty (3 <sup>rd</sup> anniversary) requested by his wife and friends



This week the Sanctuary Lamp will burn in memory of **George Wilson** requested by his family. Please remember him in your prayers.



Processional: **650** River Of Glory  
 Responsorial: **540** God Of The Hungry  
 Offertory **685** Change Our Hearts  
 Communion: **357** See Us Lord...  
 Recessional **486:** Let There Be Peace...

**Those who are sick:**

Ros Molloy, Grace White, Bill Dinneen, Cindy Carreiro, Bill Head, C. Patrick Brito, Tony Escobar, Joan Roth, Louise Oliveira Barker, Lynn Perry, Beth Baker, Helga Sousa, Joseph D. Santos, Sr., Ann Marie Fortin, Adam McCauley, Doug Wilkey, Bob Carmone, Bette Ann & Joseph "Muffy" Moreira, Christopher McCarthy, Doreen Ruggiero, Dr. Francis Commette, Arlene Krave, Harold Bannister, Enna Bill Pineda, David Smith, Madeleine Stott, Sarah Winn, Joan Simonds, Marie Rondeau, Doris Baggett, Bella Lima, Clare Correia, Wendy Foley, Ali Lamora, Marie Manchester, Dorothy Kowal, Frank and Doris Silvia, Cheryl Carvalho, Pat Faria, Ann Ennis, Valerie Bazinet, Makalya Rose Bennett,, Sister Hope Warburton, Ruth Parella, Mike Davis, Alicia Arevalo, John F. McKenna III, Jerry Bergeron, Mary Santos, Dorothy Montaro, Edward Raposa, Mike Panarello, Peggy Morris, Dan Mello, Deacon Paul Bisbano, Kate Richard, Josephine Favro, Peter Drolet, Joseph Silva, Bob Larisa, Paul Theroux, Margaret Haray, and Angela Lynn Aubin



**HARBOR LIGHTS SOCIAL GROUP**

The next meeting will be held **this Tuesday, July 31<sup>st</sup>** at 1:00 PM in our auditorium. In addition to the regular business meeting, there will be entertainment, bingo, and the health fair. All parishioners and non-parishioners are welcome to attend. Tell your friends!.



Our Harbor Lights group in conjunction with Conway Tours will have their monthly bus trip to **Foxwoods** on **Monday, August 13<sup>th</sup>** The trip departs at 7:30 AM and returns at 5:00 PM. The cost is \$17 including food and keno coupons. Contact Dave Barboza at 253-6696 for information/reservations.



Every Sunday following the **8:30AM** Mass in the rectory basement meeting room. For more info please contact Sylvia at 253-5309.